



ADARSH WORLD SCHOOL

HOLIDAY HOMEWORK

Class Pre School

SESSION 2022-2023

Hello!

My name is

.....



HAVE A HAPPY AND SAFE HOLIDAYS!

Dear Parents,

Summer vacation is a welcome break for the children to play, rest and have fun around with the cool ice creams and delicious shakes. Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes a learning experience.

Keeping this in mind, we have planned Constructive activities which would engage them in channelizing their energies during this break. These activities will help to have a holistic approach and develop physical, cognitive, social and linguistic skills.

Be a role model. Practice Sanitized Habits

- ✓ Always wash hands after use.
- ✓ Wear 3ply mask
- ✓ Cover coughs and sneezing with a bent elbow
- ✓ Maintain a distance of at least 1 meter from others
- ✓ Clean frequently touched objects and surfaces regularly with a sanitizer.



PERSONAL CARE

Please help your ward to become independent and guide him/ her to

- dress or undress himself/ herself
- tie shoe laces

Such activities lay a neurological foundation for advanced skills involving coordination, concentration, abstract thinking and overall executive function.

PASTE MY
PHOTOGRAPH

HELP ME TO LEARN

✓ Brush my teeth twice a day.



✓ Comb my hair.



✓ Trim my nails regularly.



✓ Take a bath every day.



- ✓ Wash hands properly before and after every meal.
- ✓ After using the washroom.



- ✓ Learn how to wear shoes and socks.
- ✓ Learn how to button and unbutton the shirt.



STAY FIT STAY HEALTHY....

Yoga is a great activity to enhance flexibility in your child.

Some fun activities for summer vacation like...

- 15 jumping jacks daily.
- Practice simple yoga posture.
- Do prayer along with your grandparents and parents.
- Set music and dance.
- Daily play with your peer group in your society garden/vicinity.



Healthy
Body

+



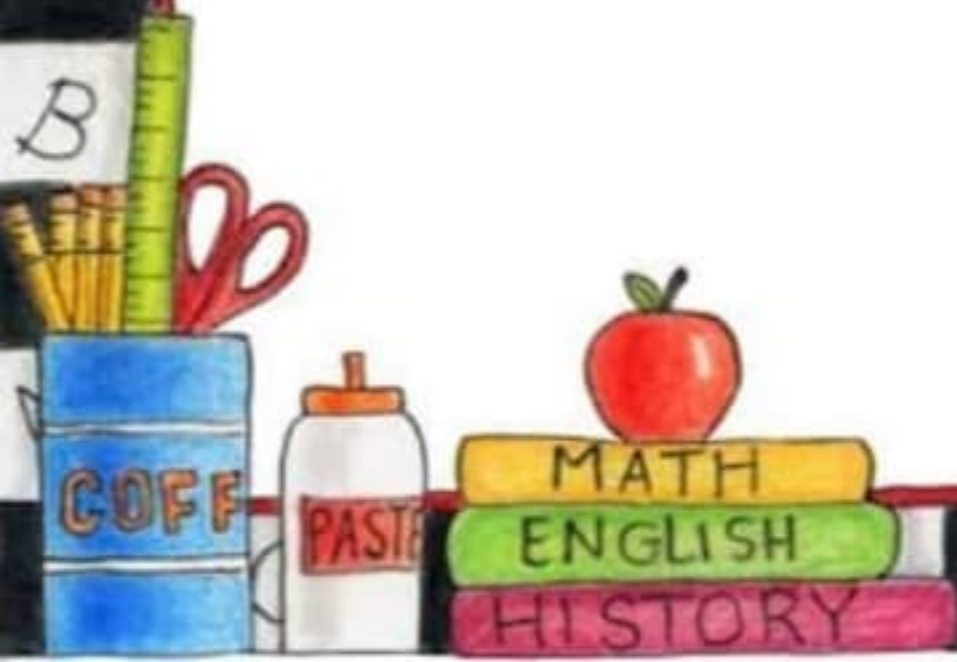
Healthy
Mind

=



Happy
Life

ENGLISH



Language Development: (PRACTICE SHEET)

The Star of the Show!

Trace

Aa

Find

A n a
a Y c V A
A z a

Color

apple

Write

a

A

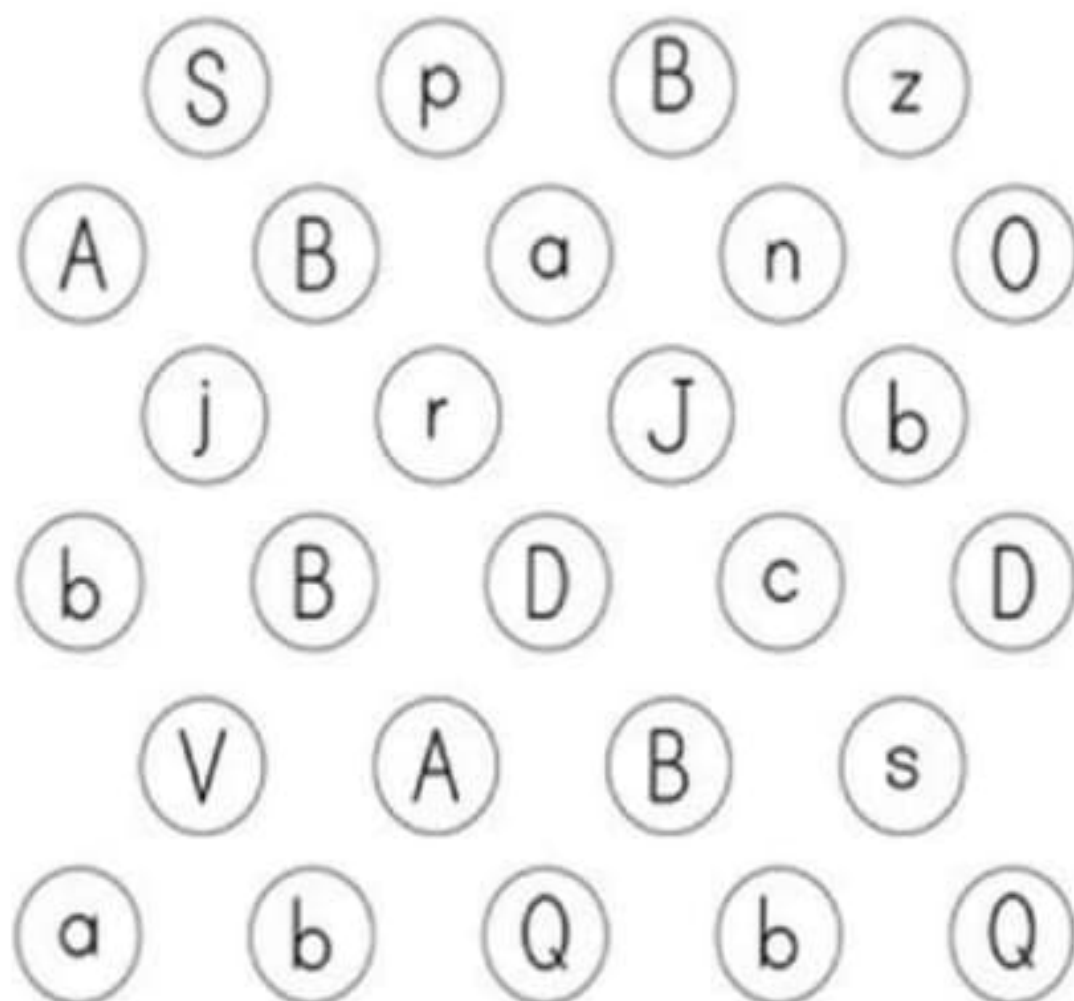
Language Development: (PRACTICE SHEET)

I SPY THE LETTER B

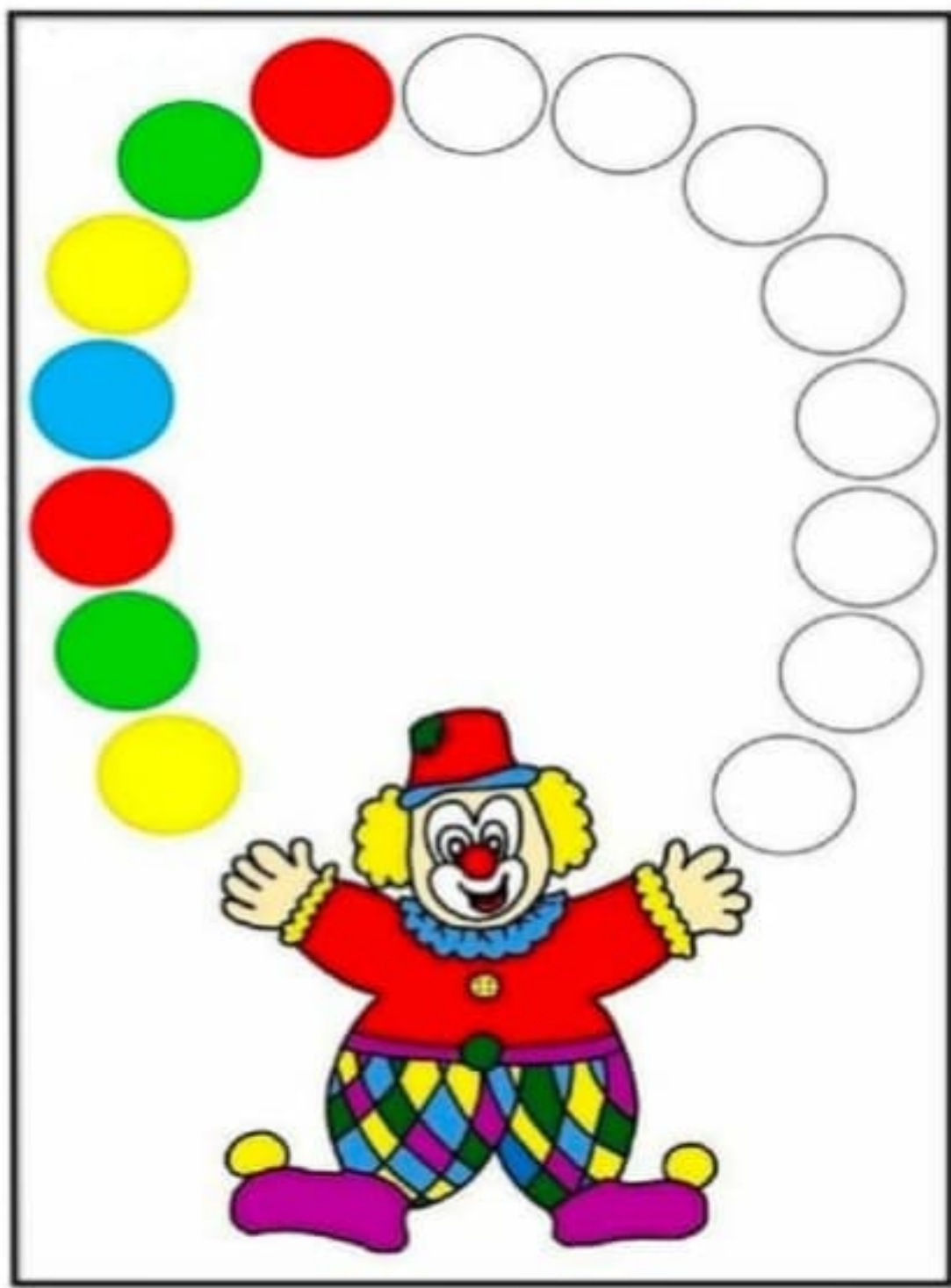
Activity: - Trace the letter Bb. Find and colour the letter Bb.



is for
bear



COLOUR AND FINISH THE PATTERN





MATHS

count and circle the correct number.



3

2

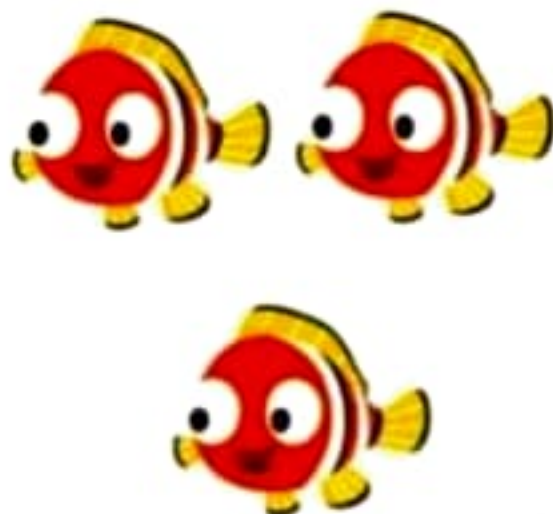
1



4

3

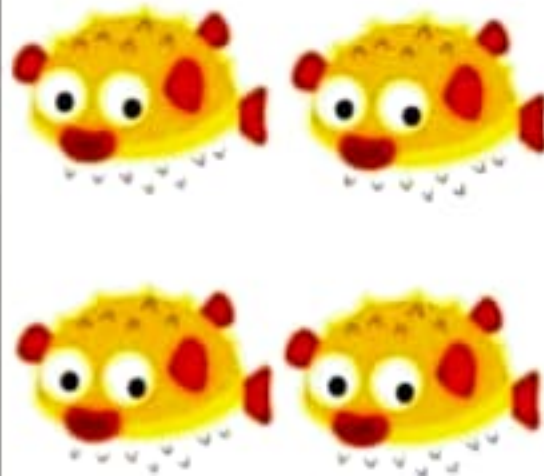
2



3

5


4



5

4

6

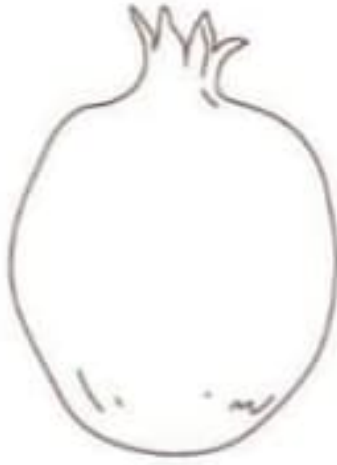
Look at pictures. Tick. () the objects that are in and circle the objects that are out.

☐☐☐☐☐☐☐☐

ਹਿੰਦੀ

अ

वर्ण पहचान कर, चित्र में रंग भरओ।



अनार



अमरूद



E. V. S

Match the given vegetables with their
choppings



Helping and sharing

Click the photographs of your child and paste it in the space provided performing these activities

PASTE
PHOTOGRAPH



Help your elders in day-to-day activities e.g., serve a glass of water, giving grandparents newspaper, spectacles.



Rolling Chapatis,
Shelling out peas

PASTE
PHOTOGRAPH



PASTE
PHOTOGRAPH



watering the plants
using spray bottles



Sharing the things (toys,
colours etc.) with your
friends, siblings, and
cousins.

PASTE
PHOTOGRAPH



The image shows a game board for a 'Fruit Match' game. The board is a large white rectangle with a decorative border of various fruits including kiwi, orange, cherry, grapes, banana, watermelon, and pomegranate. In the center of the board, there are 18 fruit icons arranged in a 6x3 grid. The fruits are: Row 1: Watermelon slice, Purple grapes, Pineapple, Two cherries, Watermelon slice. Row 2: Red apple, Two cherries, Banana. Row 3: Coconut, Two halves of a passion fruit, Red apple. Row 4: Banana, Coconut, Pineapple. Row 5: Purple grapes, Coconut, Pineapple. Row 6: Watermelon slice, Two halves of a passion fruit, Red apple. The text 'FRUIT MATCH' is written in large, bold, black capital letters at the top of the board.

FRUIT MATCH



A vibrant collage of art supplies including paint tubes, brushes, pencils, and a palette, with the text "Art Attack" in a cursive font. The background is a warm orange-yellow gradient, decorated with various paint splatters in blue, purple, red, and green. Several tubes of paint in different colors (green, red, pink, teal, blue, orange) are scattered around, some with their caps removed. Brushes of various sizes and types are also visible, along with pencils and a yellow artist's palette with several colors of paint on it. The overall composition is dynamic and artistic.

Art Attack

*Give this picture a beautiful look by
trying your hands on colours!*



LITTLE CHEF (COOKING WITHOUT FIRE)



MURMURA LADDOOS

Ingredients:

- Puffed Rice (Murmura) – 1 cup
- Honey – 1/4 cup
- Powdered sugar – 1/2 tbsp
- Peanut butter – 1/2 cup
- Raisins – 2 tbsp
- Gems – for garnishing

Recipe:

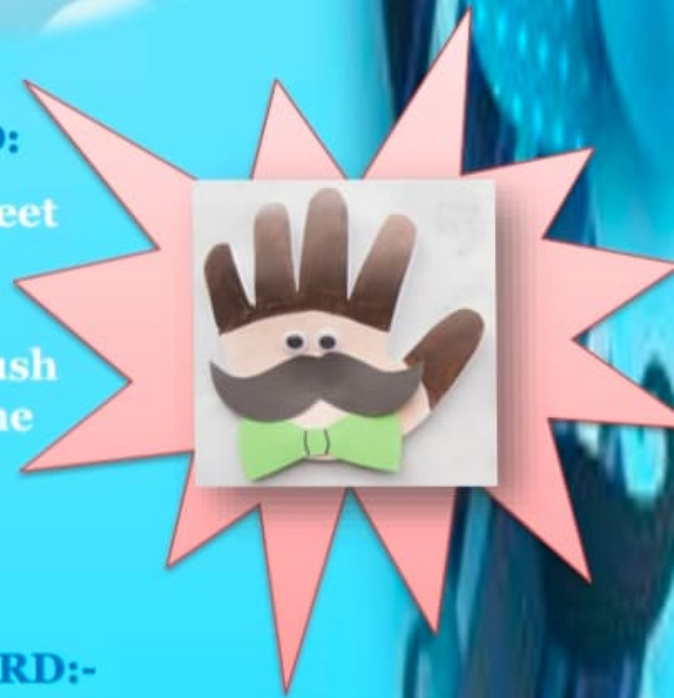
1. Take all the ingredients, except Gems, in a big bowl.
2. Mix the ingredients thoroughly.
3. Form small laddoos with the mixture.
4. Garnish the laddoos with colourful Gems.

MAKE YOUR FATHER FEEL SPECIAL....



MATERIAL REQUIRED:

- 1 A4 size any coloured / white sheet
- 2 googly eyes
- Pencil for tracing
- Black & skin poster colour & brush
- Cut out of black colour moustache
- Half coloured paper for bow
- Fevicol
- Black marker (for writing)



HOW TO MAKE THE CARD:-

- Fold the A4 size paper into half.
- Keep your child hand on it as shown in the video link take the hand impression.
- Paint all the fingers with black colour and the face with skin colour.
- Paste googly eyes, moustache and bow as shown in the picture above.

CREATIVE ART

Creative work for Pre School – C(Lavender) & Pre School -D(Rose)



Butterfly Craft

Material required:

1. Plastic bottle
2. Scissor
3. Paint brush
4. Acrylic colour(Any 3)
5. Any colour wire
6. Big size Googly eyes
7. Fevikwik



Procedure:

1. Paint the bottle with acrylic colour.
2. For body of butterfly, you can draw any design.
3. Draw the wings on the cardboard and paint it any colour.
4. Do thumb impression on the wings for dots.
5. Paste the wings on the bottle.
6. Cut the wire into two parts and punch a hole in a lid.
7. Insert the wire in the lid and paste it.
8. Now paste the Googly eyes.

Kindly make your word practice each letter A a, B b, C c and numbers 1,2,3,4 in a separate 3 in 1 notebook. Each letter and number has to be practiced 3 times.

PLEASE SUBMIT THE GIVEN ASSIGNMENTS IN A LABELLED FOLDER.

